

HANDOUT: FEEDING DIFFICULTIES SCREENING CHECKLIST

[MODULE 4: Feeding Difficulties in Infants and Children with Disabilities]

Instructions: For children 0 to 5 years of age, ask each question to the primary caregiver who most often feeds the child. Concerns identified in **two or more** areas suggest increased risk for feeding difficulties.

Screening Checklist			
Question	Yes	No	Comments:
<i>Hunger and Fullness Cues</i> Does the child let you know when they are hungry or full?			
<i>Enough Food</i> When there is enough food available, do you think the child eats enough?			
<i>Duration</i> Does the child usually take about the same amount of time to feed as other children the same age?			
<i>Respiratory Problems</i> Are there frequent signs of airway or respiratory problems?			
<i>Effort</i> Do you often need to put in extra effort to get the child to eat?			
<i>Growth</i> Over the past month, do you think the child has lost weight or did not gain enough weight?			
<i>Mealtime Stress</i> Are mealtimes stressful for you and/or the child?			
<i>Caregiver Concerns</i> Do you have concerns about the child's feeding?			

Notes or observations:

Color Key:

This aspect of feeding is going well	Possible area of concern or sign of difficulty	Red flag, consider referral for further medical evaluation
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References:

Arvedson, J. (2017, October 27). Evaluation Feeding and Swallowing Disorders in Infants and Children. Lecture.
 Silverman et al (2020). (Silverman AH, Kristoffer BS, Linn C, et al. Psychometric Properties of the Infant and Child Feeding Questionnaire. Journal of Pediatrics. 2020 August; 223:81-86.e2. DOI: 10.1016/j.jpeds.2020.04.040.)